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Wuyi/ Sze Yup Cultural Exchange Program

Overseas Chinese Teenagers Trip to Wuyi/ Sze Yup Roots

※Program Overview - Tracing your roots - Tracing History - Taste Country-life - Experience Life

Wuyi 五邑, which was previously known as **Sze Yup** 四邑, lies in the Pearl River Delta of southern Guangdong Province, China. On account of its special geographical and historical background, there are over 5 million Wuyi people located in more than 100 countries in the world. It has been recognized as one of the major cities of the overseas Chinese. The ancestors worked very hard to establish their businesses in foreign countries and to develop their roots. Their descendants are often unaware of their family history, or even of Chinese history as they were born overseas with limited chance to know about their own background and culture.

Wuyi/ Sze Yup Cultural Exchange Program brings overseas born Chinese youth to experience and understand more about the Wuyi historical and cultural development through visiting historical buildings, particularly the Diaolou, learning Chinese and Chinese traditional arts, immersing in local families, experiencing village life, voluntarily participating local community and more.

By getting involved with this program, you will be:-

- **Experiencing Wuyi culture, tracing back to ancestors' history**
- **Improving Chinese communication skills, learning Chinese traditional arts**
- **Living in a local host family, experiencing simple village life**
- **Interacting with local teenagers, sharing different stories of different cultural backgrounds**



✂Program details

Eligibility:

- Accept School, Community group or Individual application
- Aged between 12 and 18
- Independent and strong self-care ability

Program time:

- The program is available all the year round. It normally lasts from 2 weeks up to one month. It is necessary to submit a Program application at least 2 weeks before program start.

Content:

- **Experiencing the local culture, tracing back to ancestors' history**

Visiting the Wuyi Overseas Chinese Museum (in Jiangmen), cycling to the World Heritage - Kaiping Diaolou and villages. Visiting family and ancestral homes. Getting to know more about Wuyi history by interacting with the villagers.

- **Improving Chinese communication skills, learning Chinese traditional arts**

Taking part in no less than 8 Chinese session to learn something of the language and culture. Based on participants' practical needs, either Mandarin or Cantonese courses will be arranged. According to participants' interests and hobbies, cultural activities such as learning calligraphy, Chinese painting, traditional lion drum and lion -head making, kite making, Chinese Kung fu, tea art, Chinese cooking and traditional snack making will be arranged.





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- **Living in local host family, experiencing simple village life**

Participants will be arranged to live with a host family, experiencing local people's way of living at first hand. The host families have all undergone strict selection, to ensure the accommodation, environment and participants' safety are up to standard. Participants may experience farming life, and nature, planting fruits and vegetables, and work towards feeling the joy of harvest.

- **Interacting with local teenagers, sharing different stories of different cultural backgrounds**

By arrangement participants will walk into local schools and communicate with students of similar age about their stories. Participants will understand more about the differences between cultures and eventually develop friendships with each other. Voluntary teaching English in elementary schools around rural areas would definitely benefit both local students as well as the participants by broadening their horizons.

Program Fee:

- Program fee includes course fee, domestic transportation, meals and accommodation, attractions admission and basic travel insurance.
- Program fee does not include international transportation and personal expenses during the program.





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The Journey

(Subject to final the confirmation by email before departure)

	AM	PM
Day 1	Arrange pick up @ HK/ GZ international airport	
Day 2	Bus to Jiangmen, visit Museum of the Overseas Chinese	Bus to Kaiping, project orientation and host family allocation
Day 3	Experience local life (with host family)	Chinese Pinyin lesson
Day 4	Experience local life (with host family)	Chinese Pinyin lesson
Day 5	Experience local life (with host family)	Chinese Cultural course (Calligraphy, Painting, Kung-fu, Cooking, etc)
Day 6	Experience local life (with host family)	Chinese Cultural course (Calligraphy, Painting, Kung-fu, Cooking, etc)
Day 7	Site visit- Kaiping Diaolou, stay in Diaolou hostel or countryside	
Day 8	Countryside life (Farming/ Feeding/ Handicraft making)	Chinese Pinyin lesson
Day 9	Countryside life (Farming/ Feeding/ Handicraft making)	Chinese Pinyin lesson
Day 10	Countryside life (Farming/ Feeding/ Handicraft making)	Teaching English in school
Day 11	Countryside life (Farming/ Feeding/ Handicraft making)	Teaching English in school, farewell party in the evening
Day 12	Site visit- Taishan, hot spring relaxing or beach visiting with delicious seafood	
Day 13	Bus back to HK/ GZ	Experience sharing
Day 14	Departure or head to other city trip if there are any	





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※Procedure

- **Program application:** Fill in and submit the application form, submit passport copy.
- **Confirm the schedule:** Pay for Program Fee. Arrange international transportation accordingly. Submit travel information so that Intrinsic can arrange airport pick up.
- **Arriving in China:** Pick up at airport will be arranged according to the travel information provided.
- **During Program:** Throughout the Program, participants need to write daily journals of their experiences. The final activities in the Program are subject to changes due to different factors such as availability and weather.
- **Share the joy:** After returning to Guangzhou or Hong Kong, participants are required to submit their journals written during the Program. They also need to take part in the Re-Orientation to summarize their experience and share their stories.

※Keys to success

- Be active in participating in different activities
- High adaptability
- Immerse in host family's living style
- Understand and accept cultural differences
- Observe and think about everything around you

※Things to remember

- Please respect the local culture and be polite while visiting.
- Please keep your belongings, pay attention to safety and do not go out alone.
- Please comply with traffic regulations, pay attention to traffic safety.
- Ensure hygiene of food and avoid eating outside alone.
- In order to ensure the quality of products, please shop in formal shopping malls.
- If there are any questions or difficulties, please contact your host family and Intrinsic in time.



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※FAQs

1. What if I want to join this program but I don't know much about Chinese?

The Host family will have family members who can communicate in English. During the project, participants will be arranged to have not less than 8 Chinese session on Chinese language and cultural and practical life which can let participants handle basic communication skills in Chinese as soon as possible and help to experience the local life better.

2. Can I apply together with my friends?

Yes! In order to guarantee experience during the project, one host family can receive at most 3 participants. If there are more than 3 participants, we will arrange participants to different host families according to the actual situation.

3. How about the environment of the host family? What if I can't adapt to the host family's living environment?

Host families are selected strictly by Intrinsic to ensure the environment is safe and clean. Participants will be arranged to an independent room. Host parents will take care of participants' daily meals and help them to get used to the local life.

4. What should I prepare before departure?

For details about the luggage preparation, please refer to the attachment. What do you want to get most through this project? Please ask your parents or grandparents about their impressions of their hometown and find your answer.

5. Can I visit my ancestral house?

Yes. If you want to visit your ancestral house, please tell Intrinsic your hometown address and your forefathers' name before departure. Someone will help to find and arrange the trip during the project.

6. What are local life and country life?

Local life means living in Wuyi city which is more convenient with easier transportation, international cuisines and fruitful entertainment. Participants can feel the modernized part of Wuyi. On the other hand, country life refers to traditional natural village, where participants can experience working before sunrise and resting after sunset. You can also be arranged to stay in Diaolou or traditional residences.

Participants will have chance to experience the seasonal folk-culture activities if there festivals happen to the festivals. In addition to Chinese New Year, there are a number of national and provincial protected of intangible cultural heritage in Wuyi, such as:

Lunar 6 Jan – Taishan Fushi Piaose,

Lunar 11-13 Jan – Shuikou Town Lantern Show,

Lunar 3 Mar – Shuikou Town North Emperor's birthday and Firecracker,

Lunar March - Longsheng Temple Ceremony,



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Lunar May - Dragon Boat Festival,
Lunar June and July - Sheyi Festival and the Ghost Festival,
Lunar 13 Aug – LougangWangxu,
Lunar 15 Aug – Kaiping Chikan Fire Dragon dance,
Lunar 9 Sep - the Double Nine Festival, and so on....

7. How to ensure personal safety?

There will be someone to follow up participants' condition and experience during the project. All host families have experience in hosting international students and ensure the security of the participants accommodation and living environment and are carefully selected. Unsupervised actions have to be avoided during the project. Please cooperate with tour guide actively and travel in pairs.

8. Do I need to apply Chinese visa? How to deal with?

Yes. Please contact your local visa office to deal with, or contact our office well in advance for any assistant. The visa fee is not included in the Project Cost.

9. Can I travel to other cities after I finished this project?

Yes! If desired, Intrinsic can help to arrange this. It is at your own expense.

✧Wonderful Wuyi

- **Scenic Spots:** Kaiping Diaolou and Villages (World Cultural Heritage), Xinhui Bird Paradise, Xinhui Guifeng Mountain Subtropical Rain Forest Reserve, KaipingDasha Plum, TaishanBeifeng Mountain and EnpingCen Hole drifting, Hot Spring in Taishan, Enping and Kaiping, Taishan and Kaiping's Town, HeshanGulaoWatery place.
- **Special Activities:** Xinhui Lotus Pond, Chaolian's Dragon Dance, Taishan Piaose, Kaiping Shuikou Town Lantern Show.
- **Folk festival:** Lunar New Year's Day – Chinese New Year,– Gouzaiwan Festival, - Dragon Boat Festival, – Sheyi Festival, - the Ghost Festival, - the Mid-Autumn Festival, - the Double Nine Festival....



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Application Form

Basic Info	
Chinese Name	
English Name	
Nationality	
Passport No.	
Gender	
Birth Date	
Country	
Province/State	
City	
Mailing Address	
Contact Number	
E-mail address	
Detailed Info	
School	
Interest or Hobby	
Religion	
Dietary Taboos	
Allergic History	
Major Disease History	
Guardian Info	
Name	
Telephone Number	
Mobile Phone Number	
E-mail address	
Chinese Emergency Contact Info (if any)	
Name	
Contact Number	
Relationship	