



\* For students and youth \*

# 炼金石国际文化交流机构

## 海外华裔青少年四邑体验之旅



### 乡情互动 体验生活 追溯历史 寻根问祖



海外华裔青少年四邑体验之旅：保育, 环保, 活化碉楼, 农村生活, 文化交流 ...

#### 项目简介

中国广东省台山市、开平市、恩平市、新会市合称为四邑地区（后加上鹤山为五邑），素有“中国第一侨乡”之称。因历史原因，四邑地区形成独特的侨乡文化。“海外华裔青少年四邑体验之旅”是以四邑历史文化发展为线索，通过重游碉楼古迹、在碉楼内学习汉语和传统艺术、融入当地城市家庭、体验农家生活等活动，让海外华裔青少年对中华文化和故乡历史有更深刻的了解和认识。

#### 体验内容

- |                   |  |
|-------------------|--|
| 感受四邑家乡文化，追溯祖辈华侨历史 | - 参观江门华侨博物馆，骑游和住宿在世界遗迹开平碉楼和村落，在碉楼中学习传统文化，拜访家族乡亲参观祖居，从乡村民中了解更多的历史故事！                  |
| 加强汉语交流能力，学习中华传统艺术 | - 参加汉语课程，配合日常生活需要安排普通话和粤语教学；根据兴趣爱好，学习传统艺术如书法、国画、传统狮鼓和狮头制作、风筝制作或者学习中国功夫、茶艺、中餐和传统小吃制作！ |
| 走进当地寄宿家庭，体验淳朴乡土生活 | - 参加者会安排入住当地寄宿家庭，零距离体验家乡人民生活方式；深入自然村体验农耕生活，亲自动手种植和采摘蔬菜瓜果，感受收获的喜悦！                    |
| 与当地青少年互动，相互交流成长经历 | - 走进当地学校，与同龄学生交流分享各自的成长经历与想法，互相了解不同国家地域的文化，参与联谊活动加深彼此间的友谊！                           |

#### 项目费用

项目费用详情可参阅网站或直接联络我们

#### 申请条件

- 学校、团体或个人无任欢迎
- 年龄介乎12-18岁之间
- 有较强的生活自理能力

#### 项目时间

- 全年接受报名
- 为期两周至一个月
- 至少提前两周提交项目申请

[www.intrinsic.com.hk](http://www.intrinsic.com.hk)



@炼金石国际文化交流机构  
facebook.com/intrinsic.page



**Intrinsic - for students & youth**

香港总部：

香港九龙尖沙咀柯士甸道152号好兆年行1417室

电邮：info@intrinsic.com.hk

电话：852-23120077

传真：852-23120099

广州办事处：

广东省广州市海珠区新港中路376号浩蕴商务大厦1204室

电话：86-20-22129518

传真：86-20-22129598

网址：<http://www.intrinsic.com.hk>



Copyright 2013 @Intrinsic Limited. All Rights Reserved.

\* For students and youth \*

# Wuyi /Sze Yup Cultural Exchange Program

## 四邑体验之旅

Overseas Chinese Teenagers Trip  
to discover their ancestral roots in Wuyi, Guangdong Province



👋 Tracing Overseas Chinese roots    👋 Discovering heritage  
👋 Experiencing Country life    👋 Interacting with modern China ....

### Program Overview

**Wuyi (五邑)**, which was previously known as Sze Yup (四邑), lies in the Pearl River Delta of southern Guangdong Province, China. On account of its special geographical and historical background, there are over 5 million Wuyi people who emigrated to more than 100 countries and regions around the world. Wuyi has been recognized as one of the major source areas of the Overseas Chinese. The ancestors worked very hard to establish their livelihoods in foreign countries and to benefit their home villages. Their descendants, though, are often unaware of their family history, or even of Chinese history, as they were born overseas with limited opportunities to know about their own background and culture.

#### Wuyi Cultural Exchange Program

This Program brings Overseas Chinese teenagers a chance to visit this UNESCO heritage site and to experience and understand more about Wuyi. In particular, with the full, structured and fun Program, participants can explore heritage buildings, particularly the Diaolou (the defensive watchtowers built with assistance from Overseas Chinese) and enjoy learning about the historical and cultural development. During the Program there will be opportunities to practice Chinese, and Chinese traditional arts, live with a local host family, experience village life, participate in the local community, interact with local teenagers, and much more.

Individuals, organizations and school groups are welcome.

We have our popular, regular Program but can be flexible with tailor-made activities to suit specific interests if required.

For more details, please contact **Intrinsic** – for students and youth at :

email: [info@intrinsic.com.hk](mailto:info@intrinsic.com.hk)    [www.intrinsic.com.hk](http://www.intrinsic.com.hk)    Tel: +852-23120077.